

Our mission: Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

29 Coalition partners attended.

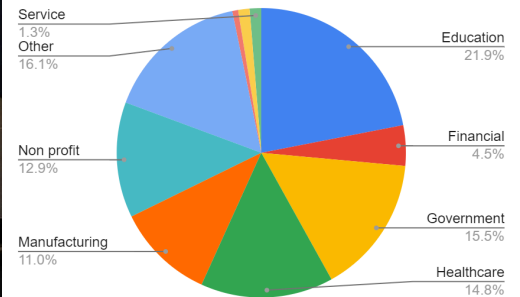
1. Coalition Updates

- a. Food System Updates - Food & Farm Council May meeting is 5/7 at 1pm, click [here](#) for meeting agendas. . Click [here](#) to receive updates and alerts via email. **FEEDBACK WANTED:** Please take a look at the 2024-2025 Draft Work Plan and submit your feedback to cbuchta@wichita.gov. [Food & Farm Council 2024-2025 DRAFT WORK PLAN](#)
- b. Worksite Wellness Conference data thanks to the hard working committee:



- 125 Unique organizations
- 242 total attendees
- 59301 = conference reach from unduplicated worksites of paid attendees

Sedgwick County 102 61.80%
Rest of State 63 38.20%



c. Bike Month

MAY IS NATIONAL BIKE MONTH



BIKE MONTH EVENTS **BIKE TO WORK DAY CHALLENGE**

Bike Month ICT Event Highlights

Check out our calendar on bikemonthict.org or visit our Facebook page for local biking events and group rides! Don't see it on the calendar? Make sure to share your event so others can join in on the fun!

<p>Star de Wichita</p> <p>April 28</p>	<p>Open Streets ICT Hub</p> <p>May 5</p>	<p>Food Banked Free Fall the Market</p> <p>May 12</p>	<p>Bike To Work Lunch</p> <p>May 17</p>
<p>Wichita State University</p> <p>May 17</p>			<p>Wichita State University</p> <p>May 19</p>

@bikemonthict @bikemonthict.org

BIKE TO WORK CHALLENGE

MAY 13 - 17, 2024



- Form a team with co-workers
- Challenge friends and other businesses
- Scan the code to sign up and record your miles for the week
- Win the Golden Pedal Award
- Don't have a bike? Use one for free from Bike Share ICT using the coupon code BIKEMONTH24 (bikeshareict.com)



Your business could win the 2024 Golden Pedal award which will be handed out to the business with the highest average number of miles recorded during the Bike to Work Week of May 13-17. The trophy will be awarded at the Bike To Work Day lunch at the Bike Well Wichita facilities located at 325 N. St Francis Street on Friday, May 17th.



Bike To Work Week
May 13 - 17

Bike to Work Day Lunch
May 17

@bikemonthict @bikemonthict.org

2. Education: Craig Compton, Research Economist CEDBR

- a. The Center for Economic Development and Business Research does 4 indexes annually. We learned about Healthy/Wealthy/Wise. Healthy is measured by low birthweight, obesity and preventable hospital stays.
- b. Here's the methodology for [Preventable Hospital Stays](#)
- c. County Health Rankings also provides some [strategies](#) to help with these indexes!
- d. All metrics have the potential to peak someone's interest. If you want to join in on this conversation, contact [Shelley](#).
- e. This data is a good starting point to have a broader conversation with Greater Wichita Partnership and The Chamber. It builds a FOUNDATION of **Information** to get people **Involved** to **Take Action!**

3. Networking/Good News/Upcoming Activities/Events

- a. Harrison Park Story Walk – 1300 S. Webb Road - featuring the story “Please Mr. Panda” by Steve Anthony. Click [here](#) for map of all Story Walks.
- b. Stadium Striders. The person who answered the phone at the Windsurge office said that she didn't think they are doing it this year because they didn't find a sponsor.
- c. Kansas Legal Services Application Line: 316-267-3975 Website: <https://www.kansaslegalservices.org/>
- d. Wendy and Danielle gave a presentation at West High about the importance of Community Health Workers.
- e. Tour de Wichita - 4/28/24, free diabetes related labs available.
- f. ICT Food Rescue moved out of Town West into Woodland United Methodist Church.
- g. 130 people registered for the YMCA's cancer survivor retreat.
- h. Patty Stuever is the first coach in Kansas trained on [Infinite Possibilities](#) and is looking for groups of 6-10 people to train.
- i. Sara announced that the Kitchen Restore program has been funded by LHEAT and United Way. Kits will be offered to individuals who complete the EFNEP course and tailored to what they need. ** Bonus: LHEAT team member learned about this program at the February Coalition meeting and recommended the funding request. **

4. Closing, Call to Action & Completely Random Coalition Facts

- a. Call to Action: Share what you learned, Do something different/new, Network with a community partner
- b. Completely Random Coalition Fact: What is the most popular first name of all 2024 Working Well Conference attendees? Most popular first name= Jennifer, 6, 2nd most popular= Rachel, 5
- c. Poll - May meeting is the day after Memorial Day will you attend? 72% yes, 28 % no

Next meeting: Tuesday, May 28th at 2pm



**FACTS
OF
FEARICT**

KU SCHOOL OF MEDICINE
WICHITA
The University of Kansas

**Friday
April 26**

Check-in begins: 6 p.m.

**Urban League of Kansas
2418 E. 9th St. N., Wichita, KS 67214**



Urban League of Kansas
Empowering Communities. Changing Lives.

An interactive 60-minute discussion geared toward helping Wichitans make healthier lifestyle choices

COMMUNITY HEALTH SESSION: HEALTHY BEHAVIORS

Earn a
\$50
gift card!

Register here:



<http://tinyurl.com/fnfictsessions>

After participating in the Healthy Behaviors community health session, participants will be able to:

- ✔ Understand and identify health risks.
- ✔ Better understand nutrition labels.
- ✔ Make informed decisions to improve their health.

Acknowledgment of Federal Assistance
This opportunity was supported by 1CPIMP21300-01-00 issued by the Office of the Assistant Secretary for Health of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$4,000,000 with 100 percent funded by the Office of Minority Health/OMH/ORS/ORS. The contents are solely the responsibility of the author(s) and do not necessarily represent the official views of, nor an endorsement by the Office of Minority Health/OMH/ORS, or the U.S. Government. For more information, please visit <https://minorityhealth.hhs.gov>.